

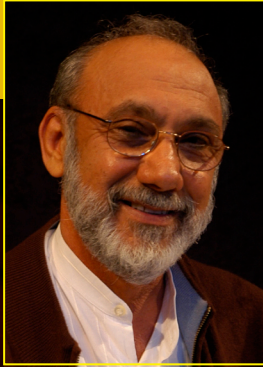
SAVORING THE FRUIT OF THE PATH: SPIRITUAL MATURITY

AN ENLIGHTENING EVENING WITH

Jack Kornfield & A. H. Almaas

October 17, 2009 - 7:00 - 10:00 pm

• 1st Unitarian Universalist Church of San Francisco •
1187 Franklin Street @ Geary



Hameed Ali



Jack Kornfield

Jack Kornfield is one of the key teachers to introduce Buddhist mindfulness practice to the West and has taught meditation internationally since 1974. He trained in the monasteries of Thailand, India and Burma and is a founding teacher of the Insight Meditation Society and Spirit Rock Meditation Center. His numerous books include: *A Path with Heart*; *Seeking the Heart of Wisdom*; *Living Dharma*; *A Still Forest Pool*; and *The Wise Heart: A Guide to the Universal Teachings of Buddhist Psychology*.

Hameed Ali (A.H. Almaas) is the founder of the Diamond Approach — a contemporary spiritual teaching that addresses the obstacles to realization unique to our time and culture utilizing modern psychological understanding, and deep ongoing inquiry into the truth of human nature and the nature of reality. He has been teaching and guiding individuals and groups in the USA and Europe since 1976. His numerous books include: *The Inner Journey Home*; *Essence*; *The Pearl Beyond Price*; *Luminous Night's Journey*; and *The Unfolding Now*.

**This evening is a benefit for the new home of the Ridhwan School
(Diamond Approach)**

Tickets are sliding scale \$100-\$25
Purchase tickets online at www.TicketWeb.com
(plus small service fee)

Parking and directions: <http://diamond-dust.org/newbuilding>
For more info, please email almaaskornfield@dhat.org

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**JOIN with
two of the Bay
Area's most respected
and beloved spiritual
teachers for an evening
of dialogue, discussion,
meditation and inquiry.**

**In addition to
teachings and practices
Jack and Hameed
(A. H. Almaas) will discuss
a variety of topics such as:**

- **Value of the Teachings in Turbulent Times**
- **Psychology of Awakening**
- **Skillful means: Meditation and Inquiry**
- **Buddhism and the Diamond Approach**
- **Realization and Enlightenment**

**There will also
be time for questions
and discussion with
the audience.**